

NAME _____

DATE _____

Personal Hygiene Matching

- | | |
|--|-------------------------------------|
| 1. These products should be changed frequently during menstruation _____ | A. Deodorant or Antiperspirant |
| 2. Can cause body and facial acne _____ | B. Pads, Menstrual Cups, or Tampons |
| 3. Can be worn to prevent body odour _____ | C. Bathing or Showering |
| 4. Wearing a clean pair each day can help you stay healthy _____ | D. Popping or picking pimples |
| 5. Can lead to skin irritation and scarring _____ | E. Underwear |
| 6. Can be done on a regular basis to keep us clean and healthy _____ | F. Overactive Oil Glands |