

Example Scenarios

Alex is a 16-year-old female who is having penetrative sex (penis in vagina) with her boyfriend, Owen. She and Owen have sex 8 times per month. She and her parents have talked about sexual health and her relationship, and they've set up an appointment with her family doctor to talk about birth control. However, Alex's older sister had horrible mood swings and nausea when she went on the pill, even after she switched to the Minipill; since she and her sister are a lot alike, Alex is worried that she is as sensitive to hormones as her sister.

Ellie is a 17-year-old female in a relationship with her boyfriend, Kevin. However, her parents are very strict, so the fact that they want to start having penetrative sex (penis in vagina) ABSOLUTELY MUST BE KEPT A SECRET from her parents. Kevin and Ellie both work part time jobs, and combined they make about \$50 a week. Ellie and Kevin hook up approximately 3 times a month.

Jake is a 14-year-old male who is in a relationship with his boyfriend, Greg, who is allergic to latex. They have sex (oral and anal sex) about 5 times a month.

Julie is a 19-year-old female who is having penetrative sex (penis in vagina) with her partner, Frank; they have intercourse about 16 times per month. Julie is very forgetful and scatterbrained, so she's not sure if she can handle a daily responsibility, although she definitely knows she wants to go on some form of hormonal birth control because she's heard that hormones would make her periods lighter.

Liam is a 15-year old male who is not in a relationship. However, he is having sex, and though the regularity of his partners is not necessarily consistent, he tends to have penis in vagina sex about 4 times a month.

Hannah is a 16-year-old female who is single, but she has sex with other females about 7 times a month. Though she's not worried about pregnancy, she is concerned about STIs. Since she lives in a small town, she has never been able to find dental dams at the drugstore.

Robin is a 13-year-old female who is having penetrative sex (penis in vagina) with her boyfriend, Daniel, about 3 times a month. However, her parents are not aware that she is sexually active and Robin is sure that they will disapprove if they find out (Note: the law in Quebec states that people under the age of 14 must get parental consent before seeking any medical treatment).

Evan is a 16-year-old trans boy who has regular penetrative sex (penis in vagina, also known as penis in front hole sex) with his boyfriend Max about once a week. Evan is paranoid about becoming pregnant but does not want to go on hormones because he needs to have 0 female hormones in his body.

Irene is an 18-year-old female who is currently single. When she is having sex, she might have penetrative sex (penis in vagina) with male partners about 6 times per month, and sex with female partners (oral and rubbing vulvas) about 2 times per month. She is leaving on an extended trip around the world, so she is looking for a form of birth control that she will be able to take with her on her travels and not worry about finding a place to replenish her supply in other countries. However, she has talked with her doctor, and it seems as though her uterus is not physically large enough for standard IUDs.