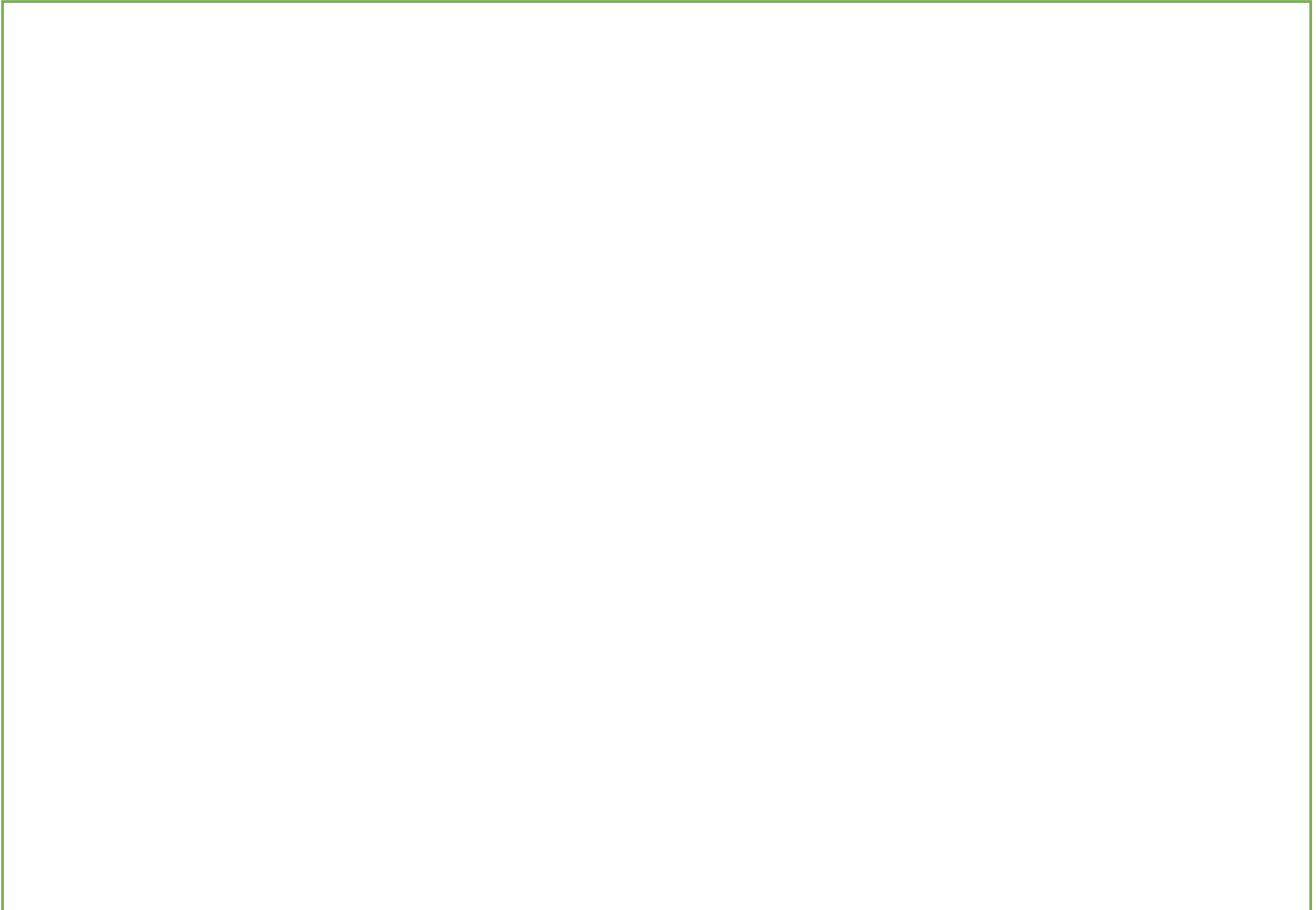


My Safe Adult!

Draw a picture and fill in the blanks!



My Safe Adult's name is _____ . They make me
feel _____ . Our favourite activity to do
together is _____ . Their favourite food to eat
is _____ . When I am feeling angry or sad, they
make me feel better by _____
_____ .